



# Feature 52: Mindful Eating

## Part 1: Eating Spaces

WELL Building Standard™ (WELL)™  
WELL v1 with the Q1 2020 addenda

How to use this document:

This document is a guide for creating the architectural drawing required for Part 1: Eating Spaces Feature 52: Mindful Eating. The level of detail provided by teams when creating this drawing is up to their discretion, as long as each of the requirements are sufficiently addressed.

- Part 1: Architectural drawing instructions have been provided.

The text is updated to the Q1 2020 version of the WELL Building Standard, which may vary from previous or future versions of WELL.

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# FEATURE 52: MINDFUL EATING

## PART 1: EATING SPACES

### ARCHITECTURAL DRAWINGS INSTRUCTIONS

1. On a floor plan, identify all mindful eating areas.
2. Next, clearly indicate (for instance, highlight) all seating and list the total number of seats provided.
3. Clearly indicate the total number of occupants within the project boundary. (For office projects, this may include the total number of employees within the building, even if only a portion of your office is pursuing WELL Certification.)
4. Lastly, show calculations that demonstrate that tables and chairs accommodate at least 25% of total occupants at a given time.

Example calculation:

An office building has 60 total occupants, and the mindful eating area includes 5 tables with 4 chairs at each table.

$$\frac{\text{Number of Occupants}}{\text{Seats Provided}} = \frac{60}{20} = 33.33\%$$

$$33.33\% \geq 25\% \rightarrow \text{Compliant}$$